THE ALASKA CLUB

Total Tickets: _____

Personal Trainer Weekly Payroll Tracking Sheet

Week 1 Prep Time Total: _____

Week 2 Prep Time Total: _____

Trainer:

Week of:

Prep Time

	Client Name	Date	Purpose	Mins
1				
2				
3				
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40				

Administrative Time

Date	Time	Purpose

No Show and Comp Sessions

Client Name	Date	NS or Comp

Manual Sessions

Client Name	Date	Type

Must be turned in to PTM by Monday no later than 8 am.

_____

Trainer Signature **Date**

	Client Name	Date	Purpose	Mins
41				
42				
43				
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